

PROEM BEHAVIORAL HEALTH:

Supporting Measurement-Based Care in Behavioral Health

Measurement-based care (MBC) has become the standard for mental healthcare. MBC is fully supported by the Utilization Review Accreditation Commission (URAC), which offers the Designation for Measurement-Based Care to Mental Health and Substance Use Disorder (SUD) providers. To measure the effectiveness of behavioral health treatment, providers must have quantifiable and well documented data to serve as a baseline upon which to track and chart the patient's progress and outcomes.

Within the nation's larger healthcare system, it is expected that the Joint Commission, which requires accredited behavioral healthcare organizations to assess outcomes for the individuals they serve, will in the very near future require all healthcare organizations engaged in behavioral health to follow MBC directives.

PROEM MBC SOLUTIONS

Proem Behavioral Health has a wide assortment of solutions that provide more actionable behavioral health data than any other set of tools available to clinical practice. Proem's digital screeners and severity measurement solutions provide a methodical, closed-loop process that uses patient input to assess and accurately measure patient-reported outcomes so that a provider can systematically track the patient's progress and be alerted to intervene as required. And Proem tools fully document each step in this process for use by the provider for billing and record keeping.


DATA OUTPUT AND NEXT STEPS IN THE CARE PROCESS

From the time of patient intake through assessment and treatment, Proem tools provide a large amount of actionable data on a patient's condition. Our evidence-based screener assesses the most commonly-diagnosed adult and pediatric DSM-5 mental health disorders in a short three- or five-minute screener. All Proem tools can be securely administered by a clinician in-person or remotely on any web-enabled device.

Further, Proem software can use the patient-reported results and provide a configurable workflow to incorporate suggested next steps for a provider based upon the data collected. This can assist the provider in both arriving at a correct diagnosis, as well as maintaining consistent protocols for tracking and monitoring patient outcomes.

In post-diagnosis treatment monitoring, Proem provides an array of DSM-5 disorder specific monitors for both adult and pediatric conditions as well as other multidimensional severity measures that track patient behavior and patient function in addition to the specific DSM-5 diagnostic. As with all Proem tools, monitors and severity measures can be scheduled, delivered, and replied to on a patient's phone, tablet or computer. The average standardized scoring provided by these patient-reported outcomes enables the provider to automatically gather and document the necessary patient data to support measurement-based care.

M.I.N.I. KID SCREENER



Have you felt sad or depressed, down or empty, or grouchy or annoyed, **most of the day, nearly every day** for the past two weeks?

No ☐ Yes ☒

In the past 2 weeks, have you been bored a lot or much less interested in things (like playing your favorite games) for **most of the day, nearly every day**? Have felt that you couldn't enjoy things?

No ☐ Yes ☒

Have you **ever** felt so bad that you wished you were dead, or planned to kill yourself, or tried to hurt yourself, or tried to kill yourself?

No ☒ Yes ☐

Has there **ever** been a time when you were so happy that you felt really 'up' or 'high' or 'hyper' and full of energy? By 'up' or 'high' I mean feeling really good; full of energy; needing less sleep; your thoughts going very fast or being full of ideas.

No ☒ Yes ☐

Are you **currently** feeling full of energy or 'up' or 'high' or 'hyper' and more active than usual?

No ☐ Yes ☒

Has there **ever** been a time when you were so grouchy or annoyed for several days, that you yelled or started fights with people outside your family? Have you or others noticed that you have been more grouchy than other kids, even when you thought you were right to act this way?

No ☐ Yes ☒

The assessment tools are presented in an easy-to-use format, and data can be exported for graphing over time or adding to a data warehouse or analytics platform for analysis.

SEVERITY MEASUREMENT SCALE SAMPLE

Work/School

In the past week:

The symptoms have disrupted your work / school work:

Not at All Mildly Moderately Markedly Extremely

0 1 2 3 4 5 6 7 8 9 10

Days Lost:

On how many days in the last week did your symptoms cause you to miss school or work or leave you unable to carry out your normal daily responsibilities?

– 1 +

Severity measurement scales like this excerpt from the Sheehan Disability Scale (SDS[®]) indicate the level of impact a person's disorder has on daily life.

Monitors completed by the patient weekly enable providers to track the patient's progress and use the data for MBC and outcomes reporting.



WHY CHOOSE PROEM BEHAVIORAL HEALTH FOR MEASUREMENT-BASED CARE?

The Proem Solution is more than a set of short tests to detect the presence and severity of depression or anxiety. Rather, it is a prescriptive, repeatable, and proven process to help providers gather the data they need to accurately assess, diagnose, treat, and monitor complex and co-occurring behavioral health conditions.

- ✓ Proem Monitors provide patient-reported data on the most common DSM-5 mental health disorders and other related disorders on one comprehensive platform vs. the disjointed one-dimensional screeners commonly used today.
- ✓ Proem is the worldwide exclusive licensee for the most commonly used severity measurement scales including the SDS®, the YBOCS®, CYBOCS®, BDD-YBOCS®, and more.
- ✓ Proem offers the most comprehensive behavioral health structured data collection capabilities available to track and document patient-reported outcomes.

SEE WHAT A DIFFERENCE PROEM SOLUTIONS CAN MAKE FOR YOUR PATIENTS AND YOUR PRACTICE. www.ProemHealth.com • 877-684-3943

ABOUT PROEM BEHAVIORAL HEALTH

Proem Behavioral Health provides the premier clinical workflow software engine that helps behavioral health providers and research organizations efficiently and accurately screen, test, and measure treatment success for those suffering from mental illness. Proem is the exclusive digital licensee worldwide of gold-standard, evidence-based screening solutions, structured interviews, and post-diagnosis severity measurement scales to monitor patient outcomes. To learn more, visit www.ProemHealth.com.