

How Most Mental Health Screening Tools are Failing

There is a status quo when it comes to assessing and treating mental health today, with healthcare providers of all types relying on the assessment tools and workflows they know and have used for years. But these outdated mental health screening tools that typically only address depression and anxiety often lead to missed diagnoses, misdiagnosis, and overprescribing, as these concerning statistics show.

The Troubling State of Mental Healthcare



Despite lacking proper mental health training and assessment tools, PCPs treat

60% of people for depression in the US and prescribe

79% of antidepressant medications¹.

Providers misdiagnose

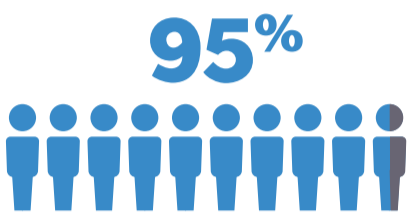
MAJOR DEPRESSIVE DISORDER & **GENERALIZED ANXIETY DISORDER**



of the time



of the time².



95% of people are not being appropriately screened³.



People with depression miss an average of

27 days of work each year costing **\$4,226/yr** per employee⁴.



45% of successful suicide patients saw their doctor within the **30 days prior** to the suicide attempt⁵.

The global antidepressants market is expected to grow from \$14.3 billion in 2019 to about

\$28.6B in 2026

fueled in large part by over prescribing of depression medications⁶.



The average delay between symptom onset and treatment is **11 years**⁷, costing patients in quality of life and the healthcare system in wasted time.



People with bipolar disorder wait an average of **13.2 years** for a correct diagnosis, and **71%** report worse symptoms due to inappropriate treatment from misdiagnosis⁸.

Costs for treating chronic health conditions are **2X to 3X higher** for those with co-morbid mental health and substance use conditions⁹.

Proem Behavioral Health Solutions Help Providers Get the Diagnosis Right

Behavioral health solutions from Proem can help providers put their patients on a better path toward living happier, healthier and more productive lives. Here's how.

- ✓ Proem tools screen for the most commonly diagnosed DSM-5 behavioral health conditions on one comprehensive platform vs. the disjointed one-dimensional tools being used today.
- ✓ Structured mental health interviews like those offered by Proem are shown to help providers radically improve their ability to get the diagnosis right the first time.
- ✓ Proem screeners, structured interviews, severity measurement scales and monitors are part of a proprietary protocol designed to collect patient data consistently and properly and then present that data accurately to a provider for diagnosis and treatment.
- ✓ Considered gold standard measurements, Proem tools have been used in research and clinical practice settings for over 25 years and independently cited in over 239,000 publications and studies.
- ✓ Proem offers the most comprehensive behavioral health structured data collection capabilities to track and document patient outcomes for measurement-based care.

Ready to Learn More?

Visit www.ProemHealth.com to learn how our solutions can help you put your patients on the right path to optimal mental health.

About Proem Behavioral Health

Proem Behavioral Health provides the premier clinical workflow software engine that helps behavioral health providers and research organizations efficiently and accurately screen, test, and measure treatment success for those suffering from mental illness. Proem is the exclusive digital licensee worldwide of gold-standard, evidence-based screening solutions, structured interviews, and post-diagnosis severity measurement scales to monitor patient outcomes. To learn more, visit www.ProemHealth.com.



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