

# LADO HEALING INSTITUTE

## Accurate Assessments Key to Successful Treatment Plans

Large behavioral health practice in southwest Florida depends on Proem Behavioral Health assessment tools to support more accurate assessments and treatment plans for patients.

Leonard A. Lado, MD, Founder and Medical Director of Lado Healing Institute, is a lifeline for more than 10,000 patients in southwest Florida. For more than 25 years, he has been treating patients with mental health and substance abuse disorders. As one of the state's largest independent practices, the Lado Healing Institute is dedicated to accurately identifying a patient's disorder(s) and implementing a comprehensive treatment plan.

The first step to getting patients on the right path to recovery is an accurate diagnosis. The Lado Healing Institute and its staff use the latest technology advancements to support their observations, assessments, and diagnosis. One of the key solutions they use for every new patient is the Mini International Neuropsychiatric Interview, also known as the M.I.N.I., which Proem exclusively licenses in digital format on its platform.

According to Dr. Lado, the M.I.N.I. is the gold standard in the industry for assessing complex mental health disorders. "It has become a gold standard in my practice because it helps achieve a greater degree of patient disclosure and has a high level of specificity and sensitivity in evaluating psychiatric disorders," Dr. Lado said.

### A Holistic Approach

There are many advantages that the Lado Healing Institute and its staff are realizing when using the M.I.N.I. during initial patient assessments. Because it is comprehensive in nature and can assess for virtually all major mental health disorders, the Lado Healing Institute can look more holistically at each patient. Typically, patients are given access to the M.I.N.I. in advance of the visit – either via email to complete in the privacy of their own homes or in the waiting room when they enter the office.

By having the assessment results before the visit, the clinician does not have to spend the bulk of the initial visit capturing patient insights and documenting notes. Much of the necessary information is captured electronically in the system for reference. As a result, the clinical team is able to see more patients and make better use of the face-to-face time they have with patients – whether it is in-person or via a telepsychiatry visit.

### Improved Patient Self-Disclosure

Another key to accurately diagnosing a patient with a mental health or substance abuse disorder is access to complete self-reported symptoms and patient history. However, over his many years of



#### PROFILE AT-A-GLANCE

- ✓ One of the largest independent psychiatric practices in Florida
- ✓ 10,000+ patients
- ✓ Proem solutions used: digital Screeners, M.I.N.I. structured interview, Monitors
- ✓ Patient assessments and clinical research studies

#### BENEFITS

- ✓ Efficiency in capturing patient insights in advance of the visit
- ✓ Validation of patient assessments with the gold standard interview
- ✓ Accuracy in patient treatment planning and clinical trial recruitment

practice, Dr. Lado has learned that some patients can be reluctant to disclose certain information because they are embarrassed, concerned about confidentiality, or simply because they are unaware that specific experiences are related.

“Unlike in many physical health issues where an X-ray or lab test can be used to accurately assess a health issue, we must rely on accurate and complete information from our patients to ensure we can properly diagnose and establish the right treatment plan as quickly as possible,” said Dr. Lado. “When we administer the electronic M.I.N.I., we often find that patients are more willing to share information on a computer than directly with a clinical professional they are just meeting for the first time. It helps us determine if a patient is being genuine and consistent with the information they are sharing, which ultimately helps us get to a more accurate diagnosis faster.”

*“The biggest challenge in the first visit is to know exactly what is going on with a patient. The M.I.N.I. helps in several vital ways: by encouraging patient disclosure; identifying if multiple disorders are an issue; and providing additional perspectives that can enhance the quality of outcomes.”*

– LEONARD A. LADO, MD,  
LADO HEALING INSTITUTE

## Highly Effective Clinical Trial Screens

In addition to his clinical practice, Dr. Lado is often involved in clinical trials for various medications and approaches to mental healthcare. When qualifying candidates for clinical studies, he depends on the accuracy of the Proem digital Screens to identify study candidates. Taking less than 3 minutes on average to complete, the Screens can be used to identify symptoms that may require further evaluation via the M.I.N.I. to ensure individuals are the right fit for a particular study.

## Progress Monitoring and Outcomes Reporting

The Lado Healing Institute also uses the Proem digital Trackers to monitor patient care and measure progress over time. Capturing what is going on with an individual during treatment helps Dr. Lado and his team ensure patients are progressing as planned. They also provide access to the data needed to report patient outcomes to referral sources and meet contract requirements for reimbursements.



*“By being able to track patients and view outcomes data over time, we are able to continuously improve our treatment plans, which is good for our patients and our practice. It also helps us adhere to insurance reporting requirements that can impact our reimbursement rates.”*

– LEONARD A. LADO, MD



### ABOUT LADO HEALING INSTITUTE

Lado Healing Institute is the most extensive independent psychiatric practice in southwest Florida. Leonard A. Lado, MD, a board-certified psychiatrist, is the Founder and Medical Director. The Lado Healing Institute has been serving Florida for over 17 years. Our specialty is treating substance abuse and psychiatric disorders using state-of-the-art outpatient Suboxone and medication treatments. We also offer an alternative treatment for depression. For more information, visit our website: [ladohealingpeople.com](http://ladohealingpeople.com)

### ABOUT PROEM BEHAVIORAL HEALTH

Proem Behavioral Health provides the premier clinical workflow software engine that helps behavioral health providers and research organizations efficiently and accurately screen, test, and measure treatment success for those suffering from mental illness. Proem is the exclusive digital licensee worldwide of gold-standard, evidence-based screening solutions, structured interviews, and post-diagnosis severity measurement scales to monitor patient outcomes. To learn more, visit [www.ProemHealth.com](http://www.ProemHealth.com).

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