PROEM BEHAVIORAL HEALTH:

A clinical workflow engine featuring evidence-based tools.

Proem provides a flexible process model that meets your practice and patients where they are in their journey to better mental health. Our evidence-based electronic behavioral health screeners, diagnostic interviews, and outcome measures help healthcare providers integrate behavioral health into their workflow as an essential component of patient care and measurement-based care requirements.

Proem solutions are exclusively licensed* from the top psychiatric professionals in the behavioral health field and have been used around the world in clinical research and practice for many years.

Screeners	Description	Condition	Patient Age	How Administered
Anxiety Disorder Screener	Determines if a patient may have an anxiety disorder, including Panic, Agoraphobia, Social Anxiety, OCD, PTSD, GAD (9 questions)	Anxiety	Adult	Provider or Patient (typically)
AUDIT (Alcohol Use Disorders Identification Test)	A 10-item alcohol screener that can help identify patients who are hazardous drinkers or have active alcohol use disorders. Takes five minutes to complete.	AUD	Adult	Provider or Patient Self-Report
AUDIT-C (Alcohol Use Disorders Identification Test)	A 3-item alcohol screener that can help identify patients who are hazardous drinkers or have active alcohol use disorders (including alcohol abuse or dependence). Takes less than three minutes to complete.	AUD	Adult	Provider or Patient Self-Report
BDDQ (Body Dysmorphic Disorder Questionnaire)	Determines if a person may have Body Dysmorphic Disorder	BDD	Adult	Patient
C-FOCI (Children's Obsessive Compulsive Inventory)	OCD symptoms experienced in the past month (24 questions)	OCD	Children & Adolescents	Provider or Patient
C-SSRS (Columbia Suicide Severity Rating Scale)	Suicidality screener (5 questions)	Suicidality	Adult	Provider or Patient (typically)
Eating Disorder Screener	Determines if a patient may have an eating disorder, including Anorexia, Bulimia, Binge Eating (4 questions)	Eating Disorders	Adult	Provider or Patient (typically)
EPDS (Edinburgh Postnatal Depression Scale)	A screening tool for postpartum depression. It does not diagnose postpartum depression or anxiety but helps the provider refer a woman to appropriate services.	Postpartum Depression	Adult	Patient Self-Report
FOCI (Florida Obsessive Compulsive Inventory)	OCD symptoms experienced in the past month (25 questions)	OCD	Adult	Provider or Patient
GAD-7 (Generalized Anxiety Disorder-7)	7 questions used to measure the level of Generalized Anxiety Disorder symptoms	Anxiety	Adult	Provider or Patient (typically)
Kid Mood Disorder Screener Ages 13-17	Determines if a patient may have a mood disorder, including Depression, Mania, Psychosis, Bipolar Disorders (9 questions)	Mood Disorders	Adolescents	Provider or Patient (typically)
MADRS (Montgomery-Asberg Depression Rating Scale)	A depression rating scale that rates the severity of each depression symptom. Takes approximately five minutes to complete.	Depression	Adult	Provider
M.I.N.I. (Mini International Neuropsychiatric Interview) Adult Screener	Screens for 17 behavioral health categories (34 questions)	Behavioral Health Disorders	Adult	Provider or Patient (typically)
M.I.N.I. (Mini International Neuropsychiatric Interview) Adult Screener without Suicidality	Screens for 11 behavioral health categories	Behavioral Health Disorders	Adult	Provider or Patient (typically)
M.I.N.I. (Mini International Neuropsychiatric Interview) Kid Screener (ages 6-8)	Screens for 23 behavioral health categories (45 questions)	Behavioral Health Disorders	Children & Adolescents	Provider or Patient
M.I.N.I. (Mini International Neuropsychiatric Interview) Kid Screener (ages 9-12)	Screens for 23 behavioral health categories (45 questions)	Behavioral Health Disorders	Children & Adolescents	Provider or Patient
M.I.N.I. (Mini International Neuropsychiatric Interview) Kid Screener (ages 13-17)	Screens for 23 behavioral health categories (45 questions)	Behavioral Health Disorders	Children & Adolescents	Provider or Patient
M.I.N.I. (Mini International Neuropsychiatric Interview) Senior Screener	Screens for 12 behavioral health categories prevalent in Seniors, including hoarding (21 questions)	Behavioral Health Disorders	Adult	Provider or Patient (typically)
Mood Disorder Screener	Determines if a patient may have a mood disorder, including Depression, Mania, Psychosis, Bipolar Disorders (9 questions)	Mood Disorders	Adult	Provider or Patient (typically)
PCL-5 (PTSD Checklist for DSM-5)	A 20-item checklist for PTSD symptoms that takes under five minutes to complete.	PTSD	Adult	Patient Self-Report
PHQ-9 (Patient Health Questionnaire-9)	9 questions used to measure the level of depression symptoms	Depression	Adult	Provider or Patient (typically)
PHQ-9 + GAD-7 (Patient Health Questionnaire-9 & Generalized Anxiety Disorder-7)	Combination of the PHQ-9 and GAD-7 in one tool	Depression and Anxiety	Adult	Provider or Patient (typically)
SUD (Substance Use Disorder) Screener	Determines if a patient may have an alcohol or drug use disorder (2 questions)	SUD	Adult	Patient
WHODAS 2.0 (WHO Disability Assessment Schedule)	Created by the World Health Organization, this is an adult self-administered questionnaire that assesses 6 different disability domains	Disability	Adult	Patient

Interviews	Description	Condition	Patient Age	How Administered
ADHD Interview	An additional module that can be added to the M.I.N.I. Interview to cover ADHD	ADHD	Adult	Provider or Patient (typically)
Anxiety Disorder Interview	Determines if a patient meets criteria for an anxiety disorder, including Panic, Agorophobia, Social Anxiety, OCD, PTSD, GAD	Anxiety	Adult	Provider (typically) or Patient
Borderline Personality Disorder Interview	An additional module that can be added to the M.I.N.I. Interview to cover Borderline Personality Disorder	Borderline Personality Disorder	Adult	Provider or Patient (typically)
C-SSRS (Columbia Suicide Severity Rating Scale) with SAFE-T	Suicidality interview that rates the suicidality risk level and offers the provider the appropriate actions to take based on the risk level	Suicidality	Adult	Provider
CY-BOCS (Children's Yale-Brown Obsessive Compulsive Scale)	OCD structured interview	OCD	Children & Adolescents	Provider
Eating Disorder Interview	Determines if a patient meets criteria for an eating disorder, including Anorexia, Bulimia, Binge Eating	Eating Disorders	Adult	Provider (typically) or Patient
Functionality Scale	Rates the standard 23 behavioral health categories, but the question grammar is changed for a parent to answer the questions	Behavioral Health Disorders	Children & Adolescents	Provider (typically) or Parent (will need to be edited by the provider to score all categories)
Hoarding Interiew	An additional module that can be added to the M.I.N.I. Interview to cover Hoarding	Hoarding	Adult	Provider or Patient (typically)
Kid Anxiety Disorder Interview	Interview that determines if a patient meets criteria for an anxiety disorder, including Panic, Agorophobia, Social Anxiety, OCD, PTSD, GAD	Anxiety	Children & Adolescents	Provider (typically) or Patient
Kid Conduct Interview	Interview that determines if a patient meets criteria for a conduct disorder	Conduct Disorder	Children & Adolescents	Provider (typically) or Patient
Kid Eating Disorder Interview	Interview that determines if a patient meets criteria for an eating disorder, including Anorexia, Bulimia, Binge Eating	Eating Disorders	Children & Adolescents	Provider (typically) or Patient
Kid Mood Disorder Interview	Interview that determines if a patient meets criteria for a mood disorder, including Depression, Mania, Psychosis, Bipolar Disorders	Mood Disorders	Children & Adolescents	Provider (typically) or Patient
Kid ODD Interview	Interview that determines if a patient meets criteria for an oppositional defiance disorder	Oppositional Defiance Disorder	Children & Adolescents	Provider (typically) or Patient
Kid SUD Interview	Interview that determines if a patient meets criteria for a substance use disorder	SUD	Children & Adolescents	Provider (typically) or Patient
Kid Tic Interview	Interview that determines if a patient meets criteria for a tic disorder	Tic Disorder	Children & Adolescents	Provider (typically) or Patient
Major Depressive Subtypes Interview	5 additional modules that can be added on to a M.I.N.I. Interview for a deep analysis of Depression; example outcome: Major Depressive Episode with Anxious Distress	Depression	Adult	Provider or Patient (typically)
M.I.N.I. (Mini International Neuropsychiatric Interview) Adult Interview	Rates 17 behavioral health categories, taking approximately 20 to 30 minutes to complete	Behavioral Health Disorders	Adult	Provider (typically) or Patient (will need to be edited by the provider to score all categories)
M.I.N.I. (Mini International Neuropsychiatric Interview) Kid Interview	Rates 23 behavioral health categories, taking approximately 20 to 30 minutes to complete	Behavioral Health Disorders	Children & Adolescents	Provider (typically) or Patient (will need to be edited by the provider to score all categories)
M.I.N.I. (Mini International Neuropsychiatric Interview) Kid for Psychotic Disorders Studies	Along with the standard 23 categories in a M.I.N.I Kid, this interview determines if a patient meets criteria for severe psychotic disorders such as Schizophrenia	Behavioral Health Disorders	Children & Adolescents	Provider
M.I.N.I. (Mini International Neuropsychiatric Interview) Kid Parent Interview	Rates 23 behavioral health categories, taking approximately 20 to 30 minutes to complete; question grammar is changed for a parent to answer the questions	Behavioral Health Disorders	Adult	Provider (typically) or Patient (will need to be edited by the provider to score all categories)
M.I.N.I. (Mini International Neuropsychiatric Interview) for Psychotic Disorders Interview	Along with the standard 17 categories in a M.I.N.I., this interview determines if a patient meets criteria for severe psychotic disorders such as Schizophrenia	Behavioral Health Disorders	Adult	Provider
M.I.N.I. (Mini International Neuropsychiatric Interview) Senior Interview	Rates disorders that are prevalent in Seniors, including hoarding	Behavioral Health Disorders	Adult	Provider (typically) or Patient
Mood Disorder Interview	Determines if a patient meets critera for a mood disorder, including Depression, Mania, Psychosis, Bipolar Disorders	Mood Disorders	Adult	Provider (typically) or Patient
NICHQ Vanderbilt Assessment Scale	A scale used to diagnose ADHD in a child. It has 32 questions and will take 5-10 minutes for the parent to compete.	ADHD	Children & Adolescents	Parent
SUD (Substance Use Disorder) Interview	Determines if a patient meets criteria for a substance use disorder	SUD	Adult	Provider (typically) or Patient
Y-BOCS I (Yale-Brown Obsessive Compulsive Scale)	OCD structured interview	OCD	Adult	Provider
Y-BOCS II (Yale-Brown Obsessive Compulsive Scale)	Updated OCD structured interview	OCD	Adult	Provider
Y-BOCS (Yale-Brown Obsessive Compulsie Scale) Self Report	Yale-Brown Obsessive Compulsive Scale: Adult OCD Structured interview that is a Self Report version	OCD	Adult	Patient Self-Report

Outcome Measures	Description	Condition	Patient Age	How Administered
Adult Agoraphobia Monitor	All Monitors include symptomology questions for the represented disorder, which can be charted for measuring success of treatment plans.	Agoraphobia	Adult	Provider or Patient (typically)
Adult Alcohol Use Monitor		Alcohol Use	Adult	Provider or Patient (typically)
Adult Anorexia Monitor		Anorexia	Adult	Provider or Patient (typically)
Adult Antisocial Personality Disorder Monitor		Antisocial Personality Disorder	Adult	Provider or Patient (typically)
Adult Binge Eating Monitor		Binge Eating	Adult	Provider or Patient (typically)
Adult Bulimia Monitor		Bulimia	Adult	Provider or Patient (typically)
Adult Depression Monitor		Depression	Adult	Provider or Patient (typically)
Adult GAD Monitor		GAD	Adult	Provider or Patient (typically)
Adult Manic Disorder Monitor		Manic Disorder	Adult	Provider or Patient (typically)
Adult OCD Monitor		OCD	Adult	Provider or Patient (typically)
Adult Panic Disorder Monitor		Panic Disorder	Adult	Provider or Patient (typically)
Adult Psychosis Monitor		Psychosis	Adult	Provider or Patient (typically)
Adult PTSD Monitor		PTSD	Adult	Provider or Patient (typically)
Adult Social Anxiety Monitor		Social Anxiety	Adult	Provider or Patient (typically)
Adult SUD Monitor		SUD	Adult	Provider or Patient (typically)
Adult Suicidality Monitor		Suicidality	Adult	Provider or Patient (typically)
BAM (Brief Addiction Monitor)	A 17-item, multidimensional, progress-monitoring instrument for patients in treatment for a substance use disorder.	SUD	Adult	Patient Self-Report
Functionality Scale	Taken from the Sheehan Cross Cutting Measures, this scale rates how much symptoms of a disorder are disrupting 12 different functional areas of daily life	Functionality	Adult	Provider or Patient (typically)
GAD-7 (Generalized Anxiety Disorder-7)	7 questions used to measure the level of Generalized Anxiety Disorder symptoms	Anxiety	Adult	Provider or Patient (typically)
Kid ADHD Monitor	All Monitors include symptomology questions for the represented disorder, which can be charted for measuring success of treatment plans.	ADHD	Children & Adolescents	Provider or Patient (typically)
Kid Adjustment Disorder		Adjustment	Children & Adolescents	Provider or Patient (typically)
Kid Agoraphobia Monitor		Agoraphobia	Children & Adolescents	Provider or Patient (typically)
Kid Alcohol Use Monitor		Alcohol Use	Children & Adolescents	Provider or Patient (typically)
Kid Anorexia Monitor		Anorexia	Children & Adolescents	Provider or Patient (typically)
Kid Antisocial Personality Disorder Monitor		Antisocial Personality Disorder	Children & Adolescents	Provider or Patient (typically)
Kid Binge Eating Monitor		Binge Eating	Children & Adolescents	Provider or Patient (typically)
Kid Bulimia Monitor		Bulimia	Children & Adolescents	Provider or Patient (typically)
Kid Conduct Disorder Monitor		Conduct	Children & Adolescents	Provider or Patient (typically)
Kid Depression Monitor		Depression	Children & Adolescents	Provider or Patient (typically)
Kid GAD Monitor		GAD	Children & Adolescents	Provider or Patient (typically)
Kid Manic Disorder Monitor		Manic Disorder	Children & Adolescents	Provider or Patient (typically)
Kid OCD Monitor		OCD	Children & Adolescents	Provider or Patient (typically)
Kid Oppositional Defiant Disorder Monitor		Oppositional Defiant	Children & Adolescents	Provider or Patient (typically)
Kid Panic Disorder Monitor		Panic Disorder	Children & Adolescents	Provider or Patient (typically)
Kid Psychosis Monitor		Psychosis	Children & Adolescents	Provider or Patient (typically)

Outcome Measures	Description	Condition	Patient Age	How Administered
Kid PTSD Monitor	All Monitors include symptomology questions for the represented disorder, which can be charted for measuring success of treatment plans.	PTSD	Children & Adolescents	Provider or Patient (typically)
Kid Separation Anxiety Monitor		Separation Anxiety	Children & Adolescents	Provider or Patient (typically)
Kid Social Anxiety Monitor		Social Anxiety	Children & Adolescents	Provider or Patient (typically)
Kid Specific Phobia Monitor		Specific Phobia	Children & Adolescents	Provider or Patient (typically)
Kid SUD Monitor		SUD	Children & Adolescents	Provider or Patient (typically)
Kid Suicidality Monitor (ages 6-8)		Suicidality	Children & Adolescents	Provider or Patient (typically)
Kid Suicidality Monitor (ages 9-12)		Suicidality	Children & Adolescents	Provider or Patient (typically)
Kid Suicidality Monitor (ages 13-19)		Suicidality	Children & Adolescents	Provider or Patient (typically)
Kid Tic Disorders Monitor		Tic Disorders	Children & Adolescents	Provider or Patient (typically)
Loneliness Scale	This scale rates the level of loneliness a patient is experiencing; targeted toward Seniors.	Loneliness	Adult	Provider or Patient (typically)
PHQ-9 (Patient Health Questionnaire-9)	9 questions used to measure the level of depression symptoms	Depression	Adult	Provider or Patient (typically)
PHQ-9 + GAD-7 (Patient Health Questionnaire-9 and Generalized Anxiety Disorder-7)	Combination of the PHQ-9 and GAD-7 in one tool	Depression and Anxiety	Adult	Provider or Patient (typically)
PSS (Perceived Stress Assessment)	Rates a patient's stress level as low, moderate, or high (10 questions)	Stress	Adult	Provider or Patient
PSQI (Pittsburgh Sleep Index)	Assesses sleep quality over a 1-month time interval; measures 7 components of sleep (26 questions)	Sleep	Adult	Provider or Patient
S-DISS (Screener for Dissociation)	Asks If the patient has a foggy mind, is detached, feels outside of his/her body (1 question)	Dissociation	Adult	Provider or Patient (typically)
SDS (Sheehan Disability Scale)	Functional assessment that asks about how a patient is functioning at home, work or school, and number of productive days (5 questions	Functionality	Adult	Provider or Patient (typically)
SDS (Sheehan Disability Scale) - Parent	Functional assessment that asks parents about their child's functioning at home, work or school, and socially, and number of productive days (5 questions)	Functionality	Adult	Provider or Patient (typically)
SIS (Sheehan Irritability Scale)	Allows the patient to rate the severity level of 7 different irritability manifestations and the number of days his/her irritability has impaired daily life	Irritability	Adult	Patient
SPS (Sheehan Panic Scale)	Allows the patient to rate the severity level of 35 different manifestations of panic which helps the provider understand how panic is affecting the patient's daily life and what his/her symptoms are (35 questions)	Panic	Adult	Patient
S-STS (Sheehan Suicidality Tracking Scale)	Deep dive into a patient's suicidality history; delivers a score; can be used in an emergency setting to route a patient to appropriate treatment	Suicidality	Adult	Provider (typically) or Patient
S-STS (Sheehan Suicidality Tracking Scale) for 6-8 year olds	Deep dive into a patient's suicidality history; delivers a score; can be used in an emergency setting to route a patient to appropriate treatment	Suicidality	Children & Adolescents	Provider (typically) or Patient
S-STS (Sheehan Suicidality Tracking Scale) for 9-12 year olds	Deep dive into a patient's suicidality history; delivers a score; can be used in an emergency setting to route a patient to appropriate treatment	Suicidality	Children & Adolescents	Provider (typically) or Patient
S-STS (Sheehan Suicidality Tracking Scale) for 13-17 year olds	Deep dive into a patient's suicidality history; delivers a score; can be used in an emergency setting to route a patient to appropriate treatment	Suicidality	Children & Adolescents	Provider (typically) or Patient
S-STS (Sheehan Suicidality Tracking Scale) Short Version	Same as the S-STS except this version does not include questions about appointments missed	Suicidality	Adult	Provider (typically) or Patient
Symptom Severity Scale	Taken from the Sheehan Cross Cutting Measures, this scale assesses the severity of 13 different symptoms that cut across many behavioral disorders	Symptomology	Adult	Provider (typically) or Patient
Therapeutic Alliance	Measures the relationship between the patient and provider, which is an important factor for successful behavioral health treatment	Alliance to provider	Adult	Patient

Specialty Tools	Description	Condition	Patient Age	How Administered
ACEs (Adverse Childhood Experiences)	Delivers a score based on childhood circumstances such as childhood abuse, environment, and economic stability that can affect a wide range of health, functioning and quality of life outcomes and risks in adults and can impact the likelihood of behavioral health disorders	Childhood experiences	Adult	Provider or Patient (typically)
AQ-10 (Autism Spectrum Quotient)	A screener that provides a quick referral guide for adults with suspected autism who do not have a learning disability (10 questions)	Autism	Adult	Patient
AQ-50 (Autism Spectrum Quotient)	An interview that may indicated a patient might be autistic depending on how it is answered (50 questions)	Autism	Adult	Patient
HRSN (Health-Related Social Needs) Screening Tool	Asks questions about health-related social needs to determine effect on total healthcare costs and better outcomes; 5 core domains include: housing instability, food insecurity, transportation problems, utility needs, and interpersonal safety; 8 supplemental domains include: financial strain, employment, family and community support, education, physical activity, substance use, mental health, and disabilities Rates a patient's stress level as low, moderate, or high (10 questions)	SUD	Adult	Patient or Caregiver (typically)
PEARLS - Teen (Caregiver)	Screener for childhood experiences that affect a wide range of health, functioning and quality of life outcomes and risks	Childhood experiences	Teen	Caregiver
PEARLS - Teen (Self Report)	Screener for childhood experiences that affect a wide range of health, functioning and quality of life outcomes and risks	Childhood experiences	Teen	Patient
PSS (Perceived Stress Assessment)	Rates a patient's stress level as low, moderate, or high (10 questions)	Stress	Adult	Provider or Patient
SDOH (Social Determinants of Health)	Asks questions about enviornmental conditions that affect a wide range of health, functioning and quality of life outcomes and risks; areas include: economic stability, education access and quality, healthcare access and quality, neighborhood enviornment, social and community context (50 questions)	Environmental conditions	Adult	Provider or Patient
Urge to Use Scale	Measures the "urge to use" aspect of recovery, asking questions in the timeframe of the past week (6 questions)	SUD	Adult	Provider or Patient (typically)

Engage Today

Proem tools help healthcare providers set their patients on the right path to optimal mental health while also earning much-needed and deserved revenue through reimbursable CPT codes for screening, interviewing, and monitoring patients for mental health.

ABOUT PROEM BEHAVIORAL HEALTH

Proem Behavioral Health provides the premier clinical workflow software engine that helps behavioral health providers and research organizations efficiently and accurately screen, test, and measure treatment success for those suffering from mental illness. Proem is the exclusive digital licensee worldwide of gold-standard, evidence-based screening solutions, structured interviews, and post-diagnosis severity measurement scales to monitor patient outcomes. To learn more, visit www.ProemHealth.com.

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