

A photograph of a smiling female doctor with curly hair, wearing a white lab coat and a stethoscope. She is sitting at a desk in a clinical setting, looking towards the camera. The image has a blue tint.

Proem Behavioral Health

Healthier minds start here.

A BROKEN SYSTEM

Our mental healthcare system is broken. Substance abuse, depression, anxiety, and suicide are rampant in the US and across the world. The pandemic has accelerated serious mental health conditions that already were too prevalent before COVID-19.

In 2019, the National Institute of Mental Health estimated that nearly one in five US adults were living with a mental illness. This figure has significantly increased due to the pandemic. The Kaiser Family Foundation reports roughly 4 in 10 US adults state they now have symptoms of anxiety or depression as a result of COVID-19. According to a CDC study conducted in June 2020, 13% of respondents reported increased substance use to cope with the stress related to COVID-19, and 11% of respondents seriously considered suicide in the 30 days prior to completing the survey.

A CALL TO ACTION

By any statistical measurement we are losing the fight for better mental health. The disconnect between healthcare and mental healthcare remains strong. The pandemic has put mental healthcare front and center in terms of awareness and discussion. However, we have yet to translate awareness into tangible action to repair

our mental healthcare system and integrate it into our physical healthcare regimen.

Proem Behavioral Health is calling healthcare providers to the fight against this second pandemic of mental health by taking concrete actions to better identify and treat individuals suffering from mental health problems, and subsequently support their patients' recovery with qualitative and quantitative solutions to track, monitor and document patient outcomes.

A WAY FORWARD

Proem provides a cohesive set of evidence-based behavioral health screeners, diagnostic interviews, monitors, and severity measurement scales to help healthcare providers integrate behavioral health into their workflow as an essential component of patient care and measurement-based care requirements.

Unlike traditional screeners, Proem solutions are exclusively licensed from the top psychiatric professionals in the behavioral health field to help healthcare providers accurately and efficiently identify and assess mental health needs and monitor mental health treatment and progress. Proem takes the guesswork out of selecting from a library of screeners and improves the ability to screen more patients.

A Cohesive Set of Evidence-Based Behavioral Health Assessments

Children and Adolescents (Ages 6-17)

SCREENERS, DIAGNOSTIC INTERVIEWS, & MONITORS

- M.I.N.I. KID 7.0.2
- M.I.N.I. KID 7.0.2 Parent

MODULES (DISORDERS):

- Major Depressive Episode
- Suicidality
- Manic/Hypomanic Episode
- Panic Disorder
- Agoraphobia
- Separation Anxiety Disorder
- Social Anxiety Disorder (Social Phobia)
- Specific Phobia
- Obsessive-Compulsive Disorder
- Posttraumatic Stress Disorder
- Alcohol Use Disorder
- Substance Use Disorder (Non-alcohol)
- Tic Disorder/Tourette's Disorder
- Attention-Deficit/Hyperactivity Disorder
- Conduct Disorder
- Oppositional Defiant Disorder
- Psychotic Disorders and Mood Disorder with Psychotic Features
- Anorexia Nervosa
- Bulimia Nervosa
- Binge Eating Disorder
- Generalized Anxiety Disorder
- Adjustment Disorders
- Autism Spectrum Disorder

OTHER AVAILABLE SCALES & MEASUREMENTS (SPECIFIC TO CHILDREN & ADOLESCENTS)

- BABS (Brown Assessment of Beliefs) Adolescent
- BDD (Body Dysmorphic Disorder) Diagnostic Module Adolescent
- BDD-YBOCS (Yale-Brown Obsessive-Compulsive Scale Modified for Body Dysmorphic Disorder) Adolescent
- CYBOCS (Children's Yale-Brown Obsessive Compulsive Scale) I & II
- CYBOCS-ASD (Children's Yale-Brown Obsessive Compulsive Scale in Autism Spectrum Disorder)
- C-FOCI (Children's Florida Obsessive Compulsive Inventory)

Adults

SCREENERS, DIAGNOSTIC INTERVIEWS, & MONITORS

- M.I.N.I. 7.0.2

MODULES (DISORDERS):

- Major Depressive Episode
- Suicidality
- Manic/Hypomanic Episode
- Panic Disorder
- Agoraphobia
- Social Anxiety Disorder (Social Phobia)
- Obsessive-Compulsive Disorder
- Hoarding Disorder - Adult
- Post-Traumatic Stress Disorder
- Alcohol Use Disorder
- Substance Use Disorder (Non-alcohol)
- Psychotic Disorders and Mood Disorder with Psychotic Features
- Anorexia Nervosa
- Bulimia Nervosa
- Binge Eating Disorder
- Generalized Anxiety Disorder
- Antisocial Personality Disorder
- Adult Attention-Deficit/Hyperactivity Disorder
- Borderline Personality Disorder

OTHER AVAILABLE SCALES & MEASUREMENTS (SPECIFIC TO ADULTS)

- BABS (Brown Assessment of Beliefs) Adult
- BDDQ (Body Dysmorphic Disorder Questionnaire®) Diagnostic Module Adult
- BDD-PSR (Psychiatric Status Rating for Body Dysmorphic Disorder)
- BDDQ (Body Dysmorphic Disorder Questionnaire)
- BDDQ-Derm (Body Dysmorphic Disorder Questionnaire) Dermatology
- BDD-YBOCS (Yale-Brown Obsessive-Compulsive Scale Modified for Body Dysmorphic Disorder) Adult
- FOCI (Florida Obsessive-Compulsive Inventory)
- ORS-YBOCS (Yale-Brown Obsessive-Compulsive Scale modified for Olfactory Reference Syndrome)
- S-DIS (Sheehan Disassociation Scale)
- SDS (Sheehan Disability Scale)
- SDOH (Social Determinants of Health)
- S-STs (Sheehan - Suicidality Tracking Scale)
- YBOCS (Yale-Brown Obsessive-Compulsive Scale) I & II

Proem Screeners, Interviews, Monitors, and Severity Measurement tools are proprietary and licensed to Proem Behavioral Health, Inc. All tools are available in multiple languages.

Engage Today

Proem tools help healthcare providers set their patients on the right path to optimal mental health while also earning much-needed and deserved revenue through reimbursable CPT codes for screening, interviewing, and monitoring patients for mental health.

ABOUT PROEM BEHAVIORAL HEALTH

Proem Behavioral Health provides the premier clinical workflow software engine that helps behavioral health providers and research organizations efficiently and accurately screen, test, and measure treatment success for those suffering from mental illness. Proem is the exclusive digital licensee worldwide of gold-standard, evidence-based screening solutions, structured interviews, and post-diagnosis severity measurement scales to monitor patient outcomes. To learn more, visit www.ProemHealth.com.

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